

Essential & Optional Strategies for the Successful Adoption of COMFORT CPG

This checklist is designed to help quality improvement (QI) champions link barriers/facilitators to QI strategies that will promote successful clinical practice change efforts and adoption of the COMFORT Clinical Practice Guideline (CPG).

Essential Strategies for the Successful Adoption of COMFORT CPG



Optimize Your Team

- Identify a multidisciplinary champion team (physician, RN/CNM, CDA)
- Build a coalition
- Secure administrative awareness, buy-in & needed resources



Plan

- Review baseline performance data
- Assess for readiness & identify barriers/facilitators
- Tailor strategies
- Develop a QI blueprint
- Obtain stakeholder feedback about blueprint
- Conduct consensus discussions
- Mandate change
- Assess & redefine workflow
- Develop/adapt policies & protocols
- Plan education & training activities
- Establish a communications plan
- Change EHR & formulary as needed
- Involve patients in QI Planning
- Plan for outcome evaluation



Engage

- Provide dynamic, interprofessional training
- Disseminate educational materials
- Conduct ongoing training
- Remind clinicians
- Relentlessly communicate to engage frontline workers
- Prepare patients to be active participants
- Intervene with patients to enhance uptake and adherence



Reflect & Evaluate

- Evaluate the QI effort
- Audit and provide feedback
- Facilitate the relay of clinical data to providers
- Obtain and use patient/family and clinician feedback
- Communicate with stakeholders to sustain gains

Optional Strategies for Tailoring

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| <input type="checkbox"/> Facilitation | <input type="checkbox"/> Access new funding | <input type="checkbox"/> Revise professional roles | <input type="checkbox"/> Engage community resources |
| <input type="checkbox"/> Engage local opinion leaders | <input type="checkbox"/> Peer mentorship | <input type="checkbox"/> Conduct cyclical small tests of change | <input type="checkbox"/> Alter incentives/allowance structures |
| <input type="checkbox"/> Change physical structure & equipment | <input type="checkbox"/> Identify early adopters | <input type="checkbox"/> Stage implementation scale-up | <input type="checkbox"/> Promote adaptability |