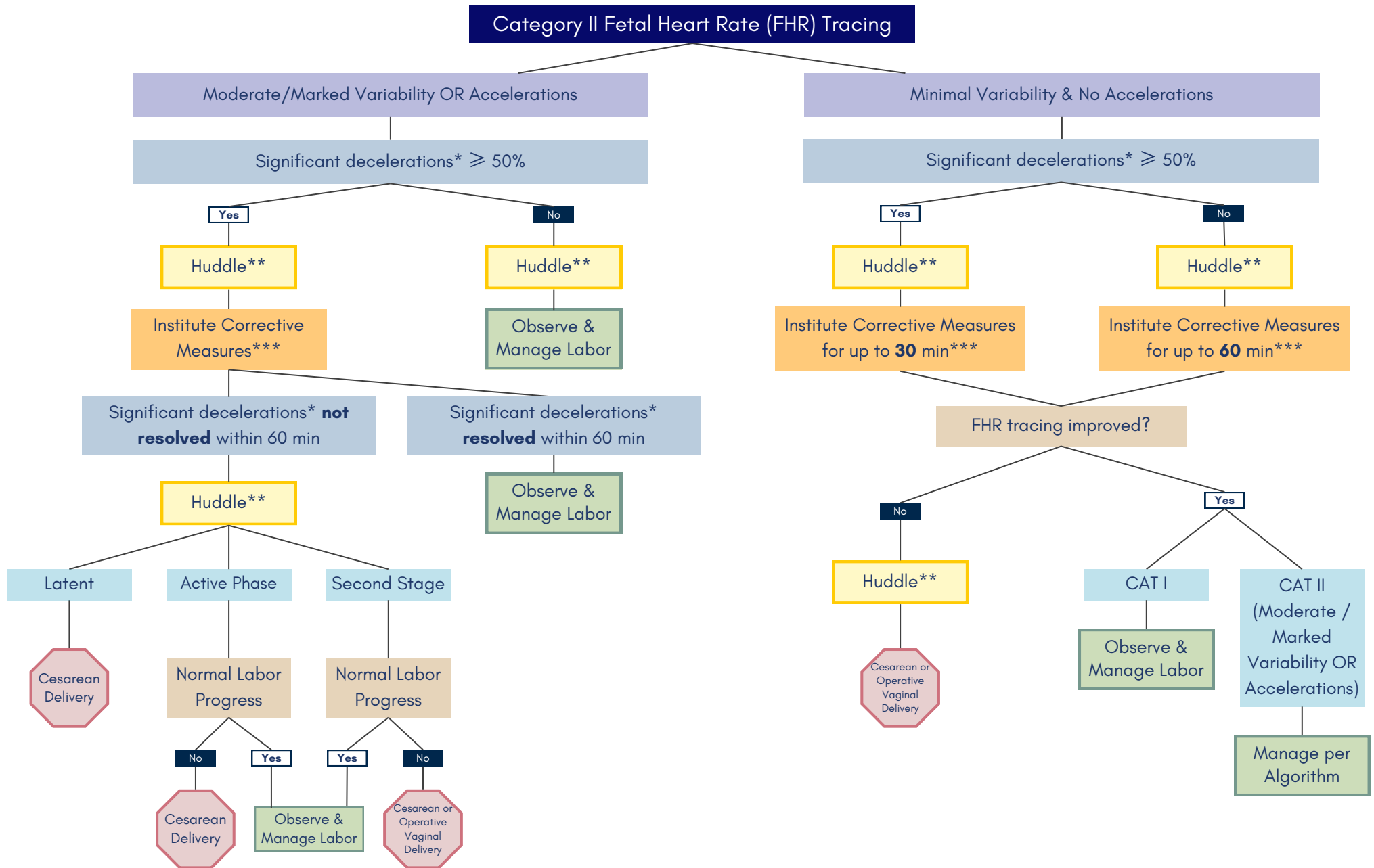


# Category II Fetal Heart Rate Tracing Management Algorithm



Category II Fetal Heart Rate Tracing Management requires ongoing patient support and education.

# Category II Fetal Heart Rate Tracing Management Guidance

## \*Clinically Significant Decelerations

- Prolonged decelerations
- Late decelerations of any depth
- Variable decelerations lasting > 60 sec with nadir > 60 BPM below baseline
- Variable decelerations > 60 sec with nadir < 60 BPM, regardless of baseline

## \*\*Assess the Clinical Picture

- Vital signs
- Stage of labor/labor progress
- Cervical exam
- Contractions (strength, frequency)
- Recent medications (e.g., epidural, morphine)
- Consider fetal scalp stimulation

## \*\*\*Corrective Measures

- Maternal position change
- Correct maternal hypotension (500-1000ml bolus, vasopressor agents)
- Decrease or discontinue oxytocin
- Amnioinfusion
- Correct uterine tachysystole (with terbutaline)
- For 2nd stage of labor, change pushing techniques (intermittent pushing or open glottis pushing)